

ADVISORY NOTEBOOK

+1.0 +1.5 +2.0 +2.5 +3.0

The numbers above represent the corrective strength of eyeglass lenses. The units are known as "Diopters" and are typically measured in increments of .5 diopters to differentiate stronger and weaker corrective powers. Someone who would need strong vision correction will likely need reading glasses with a strength around +3.0, while someone who needs only minor vision correction would likely wear reading glasses with a label of +1.5.

READING TEST PLEASE PRINT THE NOTEBOOK IN SIZE A4

HOW TO DO IT:

STEP 1

To ensure that the ruler on this page is printed at the correct scale use Adobe Acrobat or Adobe Reader via IE, Firefox, or Safari. Other browsers including Google Chrome may use a default PDF viewer which will not print to the correct scale; users with these browsers should first save this notebook to their computer and open it directly for accurate results.

STEP 2

Hold the page approximately 33-35 cm away from your face.

STEP 3

Start reading the chart below from top to bottom. If you can't read the top line, move to the next line down.

STEP 4

Keep repeating this process until you can clearly read a full line.

STEP 5

When you can clearly read a line, stop and look to the strength listed for that line. The strength listed is the proper strength you'll need for your reading glasses.



Sempre Art Studio presents Allen. This model presents an oversized shape available in different colors. Allen reading glasses is the classic one of the collection.



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